

The Mourner's Kaddish

Yit-ga-dal ve-yit-ka-dash she-mei ra-ba
be-al-ma di-ve-ra chi-re-u-tei, ve-yam-lich mal-chu-
tei be-cha-yei-chon u-ve-yo-mei-chon u-ve-cha-yei
de-chol beif Yis-ra-eil, be-a-ga-la u-vi-ze-man ka-riv,
ve-i-me-ru: a-mein

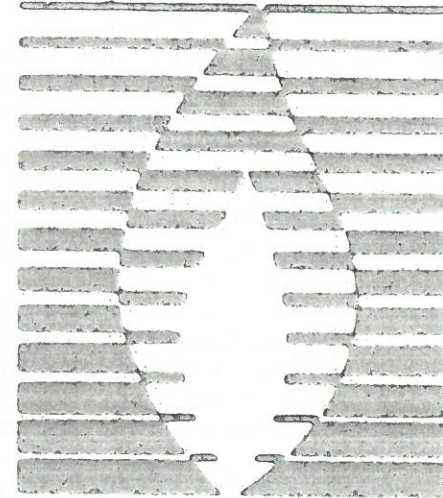
Ye-hei she-mei ra-ba me-va-rach
le-a-lam u-le-mei al-ma-ya.

Yit-ba-rach ve-yish-ta-bach, ve-yit-pa-ar ve-yit-ro-
mam ve-yit-na-sei, ve-yit-ha-dar ve-yit-a-leh ve-yit-
ha-lal she-mei de-ku-de-sha, be-rich hu,

le-ei-la min kol bi-re-cha-ta ve-shi-ra-ta, tush-be-cha-
ta ve-ne-che-ma-ta, da-a mi-ran be-al-ma,
ve-i-me-ru; a-mein.

Ye-hei she-la-ma-ra-ba min-she-me-ya ve-cha-yim a-
lei-nu ve-al kol Yis-ra-eil, ve-al kol yosh-vei te-vel
ve-i-me-ru: a-mein.

O-she sha-lom bi-me-ro-mav, hu ya-a-she sha-lom a-
lei-nu ve-al kol Yis-ra-eil, ve-al kol yosh-vei te-vel,
ve-i-me-ru: a-mein.



IN MEMORIAM

MICHAEL FERRARA

MAY 21, 1973 – JANUARY 6, 2020

Dear Friends,

We would like to offer lessons our family has learned from our life with our Mike.

First, Catch Your Breath. Dealing with mental illness is not a sprint, it is a Marathon. One of our counselors told us that. And even if you succeed fixing a symptom, there is likely more to come.

Second, Resources. It is virtually impossible for families with much more limited resources & support to deal with this. Think about those cases you read about in the paper. The family tried, but... Our heart goes to these people. We could hardly cope even with so much at our disposal. And for cases like Mike's, only the government can assemble what's needed. And Minnesota has done as good a job as any state in our country. They are truly a model, with on-the-ground help and a legal framework that balances patients' rights and community protection.

Third, Hope. We are encouraged by the efforts to remove the stigma of mental health and put it on parity with physical illnesses. Schizophrenia alone afflicts about 1/2 of 1% of our population. And the political debates on national health care are finally including mental illness. As just noted, getting the help needed is beyond the means of most families.

Finally, there are significant strides being made in diagnosing and understanding various mental illnesses, some of it at MIT. In 2007, Bob's MIT fraternity brother Jim Poitras and his wife Pat gave a major gift to establish a center for Psychiatric Disorders Research. For one, their researchers now have developed a diagnostic – not a clinical – procedure to identify schizophrenia – and at much earlier ages. The brain is so complex and there is much, much more to understand, but this is a beginning.

We hope that that in the future those afflicted with mental illness will be able to benefit from research like this and from the support from communities like ours, and live lives of quality and maybe even joy. We want to say how deeply grateful we are for all the love and support we have received from all of you.

With love, Liz, Deena & Bob



Michael Ferrara

Entered into Rest

January 6, 2020 ~ 10 Tevet 5780



Funeral Service

Congregation Beth Elohim

133 Prospect Street, Acton, MA

Sunday, January 12, 2020 at 12:30 PM



Interment

Beit Olam Cemetery

60 Old Sudbury, Road, Wayland, MA



Services Led By

Rabbi Michael Rothbaum



Shiva will be observed

on Sunday, January 12 from 2:30PM-8PM and

on Monday, January 13 from 6:30PM-9PM

at the home of Bob and Deena Ferrara

10 Wachusett Drive, Acton, MA



In Lieu of Flowers

Donations in Michael's memory may be made by check payable to "MIT", noting in the check memo or cover letter that the gift is in memory of Michael Ferrara and mailing to:

The Poitras Center for Psychiatric Disorders at MIT,
c/o Bonny Kellermann '72, Director of Memorial Gifts,
600 Memorial Dr., Rm W98-526, Cambridge, MA 02139

Or via <https://giving.mit.edu/michael-ferrara>