(A)

1. Fold along middle line such that the backsides of A & B meet open back out. Turn paper over. (Lines down)
2. Fold along line 2 on each side such that A & B corners meet along midline fold on the side of the paper that is face up.
3. Fold along line 3 such that A & C meet and B & D meet.
4. Fold along midline such that points C & D meet.
5. Fold Wings down along wing fold line.
6. Fold wing tips up if needed.

This makes a standard dart type airplane.